

11 Day Menu

	LUNCH	DESSERT	TEA	DESSERT
DAY 1	Seasonal lasagne	Assorted fresh fruit	Toasted crumpets	Flapjack
DAY 2	Cheese and potato pie	Bananas and custard	Pitta and vegetable sticks with dips	Assorted fresh fruit
DAY 3	Lamb/Vegetable chilli with rice	Assorted fresh fruit	Seasonal soup with bread	Tiffin cake
DAY 4	Tuna/Vegetable pasta bake	Strawberries and cream	Make your own pizza with a variety of toppings	Assorted fresh fruit
DAY 5	Toad in the hole with mixed vegetables	Fruit with natural yoghurt	Homemade cheese straws with salad	Sponge cake
DAY 6	Chicken/Vegetable curry with rice	Fromage frais	Assorted sandwiches	Assorted fresh fruit
DAY 7	Homemade fishcakes/vegetable cakes	Assorted fresh fruit	Ploughman's tea	Seasonal fruit crumble

	LUNCH	DESSERT	TEA	DESSERT
DAY 8	Shepherd's Pie	Oat cookies	Beans on toast	Seasonal fruits with banana dip
DAY 9	Sweet and sour chicken/vegetable stir fry	Assorted fresh fruit	Seasonal soup with bread	Shortbread
DAY 10	Sausage and bean lattice with wedges and vegetables	Cupcakes	Pasta bake	Assorted fresh fruit
DAY 11	Roast chicken/Quorn dinner	Assorted fresh fruit	Assorted wraps with mixed salad	Raisins with natural yoghurt



Our menu features fresh fruit and vegetables from our local Greengrocers , PB Fruit & Veg